

**Programs &**

**Services**

Emergency Assistance

*Facilitated Supervised  
Visitation*

Food Pantry

*Nutrition Outreach  
Education Program (NOEP)*

Parent Education  
& Mentoring

*Substance Abuse  
Prevention Education*

Women, Infants,  
and Children (WIC)

*Diocesan Wide- In our Counties*

Caregiver Support

*AIDS Services*

Care Coordination

*Disabilities Services*

Disaster Relief

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## Now at 66 William Street in Catskill

An operating office in Greene County is nothing new for Catholic Charities as the first office opened in Cairo in 1978. After many years in Jefferson Heights starting in the late 1990s, the office moved to 82 Woodland Avenue in Catskill in 2003. While beautifully located on the Hudson River, it was challenging to locate for first time visitors tucked up on a hill and was limited in size. Not so at our new location at 66 William Street, Catskill. Located on the corner of William and Rt. 385, the building is much easier to locate as well as provides for more space for future program development.

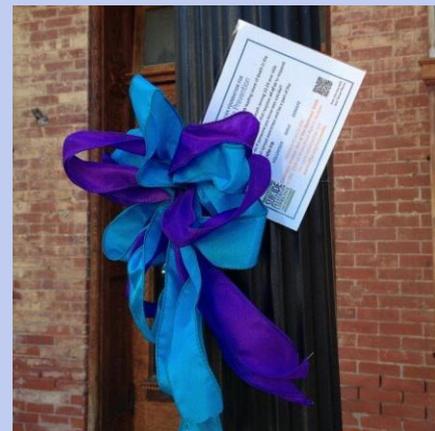
Throughout the summer, the parking lot at our new location has undergone major construction but clients and staff have remained flexible through it all with service that began in the new space on July 6, 2015. Once construction and renovations are completed in the early fall of 2015, we will welcome everyone to an Open House so please be on the look out for a date to be posted on our website after completion of renovations.

## Strengthening Families and Communities

In parenting classes, there is much discussion on meeting basic needs, one of which is the need to be loved. Children also need to be safe. Unfortunately there are children that are not safe within their homes and will need to be moved to another family member or foster care to provide for their safety. The need to feel the love from their parents still remains and this is where supervised visitation will be put into place. Supervised visitation is contact between the non-custodial parent and his or her children in the presence of a third party that observes the visit and ensures the child's safety. Supervised visitation is ordered by family court judges while they can ascertain services or possible safety concerns that must be resolved with the (continued on page 2)

## One Lost Life is One Too Many

The Columbia-Greene Out of the Darkness Walk is on October 3rd at Dutchman's



Landing in Catskill. Catholic Charities is proud to continue to serve on the Walk Committee and Suicide Prevention Taskforce with other community members to raise awareness and provide education on preventing suicides. For information on the walk and to register please visit the American Foundation for Suicide Prevention website and follow links to locate the event or type:

<http://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=3187>

## Strengthening Families ...

parent before allowing unsupervised contact. Having a visit supervised allows the child to maintain a relationship with their parent without the child being put in the middle of the parent's problems or conflicts.

This type of visitation is a tool for families going through a difficult time and is one of the services provided by Catholic Charities. Visitation can also be provided by a family member or friend approved to be the monitor as the risks are reduced. Whether through a professional or family member, it remains the person's role to ensure the child's safety and allow them to have a positive visit with their parent.

Volunteering as a third party visitation monitor is an important commitment and responsibility. To help provide the skills for these valuable monitors, we

have developed a four hour training, Third Party Training. This course is designed to assist third party monitors in understanding their responsibilities along with providing skills that will assist in ensuring the child's safety and enhancing the visit process such as setting ground rules, what to expect from the child, documentation, and maintain the boundary between monitor and caregiver.

The Third Party Training program is open to the public and is held monthly. It is ideal for those with loved ones receiving supervised visitation but is also useful for those with shared custody. Thanks to a grant from the Hudson River Bank and Trust Foundation we are able to provide many of the materials for participants, reducing the class fee to a nominal amount. For more information, please call 518-828-8660.

## Investing In Your Neighbors and Neighborhood

- \* Donating to Catholic Charities is an investment in your local community as the funds are used to promote self sufficiency of individuals and families. 100% of your donation stays local with eighty-eight cents towards direct services *regardless of race, creed/religion, or lifestyle* with special emphasis on the poor and most vulnerable.

Donations are fully tax-deductible to the extent allowable by law as we are a non-profit 501 (c) (3) organization. Any denomination of funds helps Catholic Charities to carry out our mission, THANK YOU. Checks and money orders may be mailed to:

Catholic Charities of Columbia & Greene Counties,  
431 East Allen Street, Hudson, NY, 12534

Please contact our office at 518-828-8660 to make a donation via credit card or planned giving.

More ways to be a part of our mission can be found on our website:  
[www.catholiccharitiescsg.org](http://www.catholiccharitiescsg.org)



Give the gift of charity this Christmas season with a \$10.00 donation. For each \$10.00 donation, you will receive a greeting card, ornament, and a donation acknowledgement card to share as a gift with another. Cards and ornaments may be found at either office in Hudson or Catskill.



## DID YOU KNOW....

- ◇ We offer evening Food Pantry Hours? Beginning in November 2014, the food pantry opened on Wednesday evenings from 4:30pm to 6:30pm to serve working families. We continue to offer hours on Monday morning from 9am to noon and Thursday afternoon from 1pm to 4pm. There have been a steady increase in families utilizing the new pantry hours.
- ◇ Anyone can register to vote or change their registration at Catholic Charities? WIC programs are one of the many locations participating in the "Agency-Based Voter Registration Program" created through the National Voter Registration Act. You may also obtain a voter registration application by calling your county board of elections, 1-800-FOR-VOTE or, by filling out the on-line voter application request form.
- ◇ Prevention Substance Abuse Prevention Educators are in the schools and community? Serving Columbia County, the Educators are in 4 of 6 school districts and spent the summer working at the town recreation programs. The curriculums used incorporate requirements put forth in the Dignity For All Students Act.
- ◇ Over 150 children received school supplies for the 2015-2016 school year? Thanks to your generous donations to the Catholic Charities' Back-to-School Drive.



## Nutrition remains at the Core of the WIC Program

Thanks to the award of a five year contract from the New York State Department of Health, our dedicated WIC Nutritionists will continue to provide education and support to families with nutritional needs in Columbia and Greene Counties. WIC (Women, Infant, and Children's) Supplemental Nutrition Education Program centers on improving the nutrition of those with limited financial means. Working with staff, caregivers create nutritional balanced food packages to meet the

child's needs, likes, and culture. Caregivers receive between \$70.00 and \$160.00 worth of food after taking their WIC checks (also called vouchers) to the local grocery store to redeem for the specific food items listed, which have been based upon the food plan. Among the many other services provided at WIC is the help offered for breastfeeding moms through peer counselors, loaned breast pumps, and extended food packages for mom while breastfeeding. Program services are offered in Catskill and Hudson Monday through Friday as well as at satellite sites as noted below:

Chatham: Second Tuesday of the month at St. James Church

Copake Falls: Second Thursday of the month at Parish of Our Lady of Hope

Valatie: First Monday and fourth Tuesday of the month at St. Luke's Lutheran Church

Windham: Third Tuesday of the month at St. Theresa's of the Child Jesus Church

Generous income guidelines are posted on our website and change yearly.





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 Fax: 518-828-4016

**CATSKILL OFFICE**  
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[www.catholiccharitiescg.org](http://www.catholiccharitiescg.org)  
[www.ccrda.org](http://www.ccrda.org)



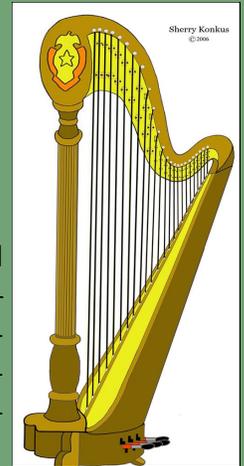
Please share at [info@cathcharcg.org](mailto:info@cathcharcg.org) if you prefer to receive the newsletter electronically.

# MUSIC IN THE HOLLOW

Sunday September 27, 2015

3:00pm-5:00pm

Come together with friends for an afternoon of socializing and harp music at the beautiful Sleepy Hollow Lodge overlooking the Lake in Athens, NY. Music performed by Ann Carter-Cox. Wine and light hors d'oeuvres served with \$35.00 per person tax deductible entrance. Relax and take in the scenery, converse with friends, and know that you are helping to combat hunger insecurities for individuals and families locally in Greene and Columbia Counties. Please pre-register by September 21st at 518-828-8660.



## “DINING OUT FOR OTHERS”

Wednesday Nights in November 2015



Wednesday nights in November (November 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, and 25<sup>th</sup>) we will be partnering once again with local restaurants who have graciously agreed to donate a portion of funds from the evening's earnings to Catholic Charities in support of eliminating hunger through the Emergency Assistance and Food Pantry programs. Last year's restaurants included:

- |                    |                             |                       |                |         |
|--------------------|-----------------------------|-----------------------|----------------|---------|
| Carolina House     | Pomodoro's Italian Eatery   | White Stone Café      | La Conca D'oro | Kozel's |
| Quarry Steak House | Jackson's Old Chatham House | Hillsdale House       |                |         |
| Vanderbilt House   | Paul's Pizza and Pasta      | Blue Plate Restaurant | Local 111      | Pegasus |

Check the website in October for the 2015 growing list of participating restaurants: [catholiccharitiescg.org](http://catholiccharitiescg.org).